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Insel and Roth, Core Concepts in Health pioneered the concept of personal responsibility for health and individual behavior change back in 1976. Now in its 11th edition, it is still the market leader and is known for its scientific research base and its currency, comprehensiveness, and accuracy.

The most reliable and widely used personal health text, Connect Core Concepts in Health utilizes the science behind health to teach and motivate students about their wellness. The thirteenth edition provides current, accurate, scientifically based information about a wealth of health and wellness topics and issues. The 13th edition's online program is now seamlessly and deeply integrated with Blackboard and Blackboard related course management systems. Featuring interactive multimedia-driven activities and assessments, such as quizzes, video activities, health assessments, Internet research activities,

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Connect Core Concepts in Health remains the leading health textbook in U.S. higher education. The book's unique psychological approach to mind-body health encourages students to take proactive self-assessments. Students can stay current on the latest studies while learning how to negotiate cross-cultural ideas of what it means to be healthy and how to live in our diverse, consumer-oriented society. McGraw Hill Education's digital and teaching-learning tools also integrate Connect Core Concepts in Health's authoritative, science-based content. The seventeenth edition features new research-based coverage of the use of digital technology, including new Tech Tips in every chapter that help students take advantage of apps and tech-based devices that will help them reach their fitness and wellness goals. Additionally, every chapter has been updated to reflect current scientific thinking, data, and statistics from such authoritative

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sources as the Centers for Disease Control and Prevention, the American Cancer Society, the American Heart Association, the U.S. Food and Drug Administration, and the U.S. Department of Agriculture.

Preceded by: Cost-effectiveness in health and medicine / edited by Marthe R. Gold ... [et al.]. New York: Oxford University Press, 1996.

Sports Medicine Essentials: Core Concepts in Athletic Training, Second Edition introduces students to potential careers in the Sports Medicine field, from Fitness Instructor to Athletic Trainer. This comprehensive text surveys a broad scope of knowledge related to the Sports Medicine field, encompassing fitness assessment, conditioning, emergency preparedness, injury management, therapeutic modalities, nutrition, ethical and legal considerations and much more. To help introduce students to an array of exciting careers, it features enrichment activities that include researching the cost of sports medicine supplies, demonstrate taping techniques, and the forming of a safety committee to devise a plan to minimize risk to a team, athletes or clients. This complete resource is a fantastic introduction for any program. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

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"Microbiology covers the scope and sequence requirements for a single-semester microbiology course for non-majors. The book presents the core concepts of microbiology with a focus on applications for careers in allied health. The pedagogical features of the text make the material interesting and accessible while maintaining the career-application focus and scientific rigor

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inherent in the subject matter.

Microbiology's art program enhances students' understanding of concepts through clear and effective illustrations, diagrams, and photographs. Microbiology is produced through a collaborative publishing agreement between OpenStax and the American Society for Microbiology Press. The book aligns with the curriculum guidelines of the American Society for Microbiology."--BC Campus website.

Now in its 4th edition, this text continues to give you a complete and concise overview of mental health and all the issues that surround it from a theoretical and practical perspective. Restructured into 4 sections, the book starts by defining mental health and mental abnormality before examining the mental health services and the place mental health takes in society. Fully updated, the book offers: 66 bite-sized chapters including new ones on the Biopsychosocial Model, trauma and mindfulness Key points summarising what you need to know for study and practice Examples of further reading to help you expand your knowledge It is essential reading for students of health, nursing, mental health, social work and social care. It is also valuable reading for students of counselling and psychotherapy.

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